

***February 2026* KOSHER-HOT**

Meals on Wheels of Central Maryland

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) Hamburger on Bun O'Brien Potatoes Zucchini Blend Clementine Orange Juice	3) Fish Cake Garlic Noodles Zucchini & Yellow Squash White Bread Fruit Cup Tomato Juice	4) Meatloaf Farfel Dill Carrots Wheat Bread Apple Prune Juice	5) Pulled Chicken on Bun Cajun Rice Green Beans Diced Pears Orange Juice	6) Stuffed Pepper Couscous Prince Edward Vegetable Blend Wheat Bread Bread Pudding Apple Juice
9) Chicken Bites Kasha & Bowties Mixed Veggies Wheat Bread Applesauce Orange Juice	10) Breaded Fish O'Brien Potatoes Grilled Vegetables Wheat Bread Peaches Tomato Juice	11) Beef Hot Dog on Bun Baked Beans 3 Bean Salad Orange Prune Juice 	12) Sweet & Sour Meatballs Brown Rice Pas & Carrots Challah Orange Juice	13) Turkey & Gravy Mashed Potatoes Garlic Green Beans Wheat Bread Banana Aple Juice 
16) <i>Offices Closed, Frozen Meals Delivered in Advance</i> 	17) Beef Meatballs w/ WW Spaghetti Dill Carrots White Bread Apple Tomato Juice	18) Pulled BBQ Chicken on Bun Roasted Potatoes Green Beans Fruit Cup Prune Juice	19) Salisbury Steak Mashed Potatoes Mixed Veggies Wheat Bread Clementine Orange Juice	20) Fried Chicken Rice Pilaf Zucchini & Squash Callah Bread Pudding Apple Juice
23) Chili w/ Corn Bread 3 Bean Salad Banana Orange Juice	24) Honey Chicken Roasted Potatoes Peas & Carrots White Bread Orange Tomato Juice	25) Ziti w/Meat Sauce Zucchini Blend Wheat Bread Applesauce Prune Juice	26) Roast Beef w/ Gravy Farfel Prince Edward Vegetable Blend Challah Bread Pudding Orange Juice	27) Salmon Cake O'Brien Potatoes Grilled Vegetables Wheat Bread Peaches Apple Juice



***February 2026* KOSHER-COLD**

Meals on Wheels of Central Maryland

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) Turkey Salad on WW Bread Red Cabbage Salad Fruit Cocktail Cranberry Juice	3) Sushi Salad Balsamic Tomato Salad Pears Dinner Roll V-8 Juice	4) Chicken Pasta Salad Corn Salad Pineapple WW Bread Apple Juice	5) Natural Turkey on Marble Rye Israeli Salad Pears Cranberry Juice	6) Whitefish Salad Pickled Beets Peaches Dinner Roll Prune Juice
9) Natural Turkey Salad on Marble Rye Creamy Cucumber Salad Pineapple Apple Juice	10) Egg Salad on Kaisr Roll Hearts of Palm Salad Pears V-8 Juice	11) Tuna Salad on WW Bread Raisin Carrot Salad Fruit Cocktail Cranberry Juice	12) Chicken Pasta Salad Coleslaw Pears Marble Rye Cranberry Juice	13) Whitefish Salad Garden Salad Peaches Dinner Roll Prune Juice 
16) <i>Offices Closed, Frozen Meals Delivered in Advance</i> 	17) Sushi Salad Balsamic Tomato Salad Pears Dinner Roll V-8 Juice	18) Chicken Pasta Salad Corn Salad Pineapple WW Bread Apple Juice	19) Natural Turkey on Marble Rye Israeli Salad Pears Cranberry Juice	20) Whitefish Salad Pickled Beets Peaches Dinner Roll Prune Juice
23) Natural Turkey Salad on Marble Rye Creamy Cucumber Salad Pineapple Apple Juice	24) Egg Salad on Kaisr Roll Hearts of Palm Salad Pears V-8 Juice	25) Tuna Salad on WW Bread Raisin Carrot Salad Fruit Cocktail Cranberry Juice	26) Chicken Pasta Salad Coleslaw Pears Marble Rye Cranberry Juice	27) Whitefish Salad Garden Salad Peaches Dinner Roll Prune Juice

