

March 2026 KOSHER HOT MEALS *Meals on Wheels of Central Maryland*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) Stuffed Pepper Couscous Prince Edward Veggies Wheat Bread Orange Orange Juice	3) <i>Kosher Kitchen Closed</i> <i>Frozen Meals Delivered in Advance</i>	4) Turkey w/ Gravy Mashed Potatoes Garlic Broccoli Wheat Bread Apple Prune juice	5) Breaded Fish Brown Rice Grilled Vegetables White Bread Peaches Orange Juice	6) BBQ Chicken O'Brien Potatoes Peas & Carrots Challah Bread Pudding Apple Juice
9) Beef hamburger on Bun Kasha & Bowties Mixed Veggies Applesauce Orange Juice	10) Salmon Cake Roasted Potatoes Zucchini & Squash Mix Wheat Bread Clementine Tomato Juice	11) Fried Chicken Rice Pilaf Dill Carrots Wheat Bread Pears Prune Juice	12) Turkey Chili Cornbread Grilled Veggies Challah Bread Pudding Orange Juice	13) Roast Beef w/ Gravy Farfel Sweet Potatoes Wheat Bread Banana Apple Juice
16) Turkey Meatballs WW Spaghetti Zucchini Blend White Bread Fruit Cup Orange Juice	17) Oven Baked Chicken Brown Rice Sweet Potatoes Wheat Bread Apple Tomato Juice	18) Beef Hot Dog on Bun Baked Beans Green Beans Peaches Prune Juice	19) Breaded Chicken Bites O'Brien Potatoes Grilled Veggies Wheat Bread Orange Orange Juice	20) Fish Cake w/ Tartar Garlic Noodles Garlic Broccoli Challah Bread Pudding Apple Juice
23) Salisbury Steak Mashed Potatoes Peas & Carrots White Bread Clementine Orange Juice	24) Baked Fish Couscous Green Beans Wheat Bread Applesauce Tomato Juice	25) Pulled Chicken on Bun Cajun Rice Mixed Veggies Banana Prune Juice	26) Beef Hamburger on Bun Kasha & Bowties 3 Bean Salad Bread Pudding Orange Juice	27) Honey Chicken Roasted Potatoes Dill Carrots White Bread Pears Apple Juice
30) Salmon Cake Brown Rice Curried Cauliflower Wheat Bread Peaches Orange Juice	31) Ziti w/ Meat Sauce Sautéed Spinach White Bread Clementine Tomato Juice			

Client Engagement 410-558-0923 **Menu items subject to Change- We Cannot accommodate Most Food Allergies**

March 2026 KOSHER COLD MEALS Meals on Wheels of Central Maryland

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2) Turkey Salad on WW Bread Red Cabbage Salad Fruit Cocktail Cranberry Juice	3) <i>Kosher Kitchen Closed</i> <i>Meals Delivered in Advance</i>	4) Chicken Pasta Salad Corn Salad Pineapple WW Bread Apple Juice	5) Natural Turkey on Marble Rye Israeli Salad Pears Cranberry Juice	6) Whitefish Salad Pickled Beets Peaches Dinner Roll Prune Juice
9) Natural Turkey on Marble Rye Creamy Cucumber Salad Pineapple Apple juice	10) Egg Salad on Kaiser Roll Hearts of Palm Salad Pears V-8 Juice	11) Tuna Salad on WW Bread Raisin Carrot Salad Fruit Cocktail Cranberry Juice	12) Chicken Pasta Salad Coleslaw Pears Marble Rye Cranberry Juice	13) Whitefish Salad Garden Salad Peaches Dinner Roll Prune Juice
16) Turkey Salad on WW Bread Red Cabbage Salad Fruit Cocktail Cranberry Juice	17) Sushi Salad Balsamic tomato Salad Pears Dinner Roll V-8 Juice	18) Chicken Pasta Salad Corn Salad Pineapple WW Bread Apple Juice	19) Natural Turkey on Marble Rye Israeli Salad Pears Cranberry Juice	20) Whitefish Salad Pickled Beets Peaches Dinner Roll Prune Juice
23) Natural Turkey on Marble Rye Creamy Cucumber Salad Pineapple Apple juice	24) Egg Salad on Kaiser Roll Hearts of Palm Salad Pears V-8 Juice	25) Tuna Salad on WW Bread Raisin Carrot Salad Fruit Cocktail Cranberry Juice	26) Chicken Pasta Salad Coleslaw Pears Marble Rye Cranberry Juice	27) Whitefish Salad Garden Salad Peaches Dinner Roll Prune Juice
30)) Natural Turkey on Marble Rye Creamy Cucumber Salad Pineapple Apple juice	31) Egg Salad on Kaiser Roll Hearts of Palm Salad Pears V-8 Juice			