

June 2026

**KOSHER HOT MEALS**

*Meals on Wheels of Central Maryland*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1) Breaded Fish Couscous Sweet Potatoes White Bread Peaches Orange Juice	2) Pulled Chicken on Burger Bun Cajun Rice Roasted Carrots Banana Tomato Juice	3) Hamburger on Bun Baked Beans Mixed Veggies Fruit Cup Prune Juice	4) Ground Turkey Meat Sauce w/ Ziti Noodles Green Beans Challah Bread Pudding Orange Juice	5) BBQ Chicken Sweet Noodle Kugel Prince Edward Veggies Wheat Bread Orange Apple Juice
8) Turkey Chili Cornbread Grilled Veggies White Bread Apple Orange Juice	9) Fried Chicken Roasted Potatoes Zucchini Blend WW Bread Pears Tomato Juice	10) Stuffed Peppers Rice Pilaf Sauteed Spinach White Bread Clementine Apple Juice	11) Fish Cake & Tarter Farfel Garlic Broccoli Wheat Bread Applesauce Orange Juice	12) Salisbury Steak Mashed Potatoes Peas & Carrots Challah Bread Pudding Apple Juice
15) Hot Dog on Bun Baked beans Mixed Veggies Fruit Cup Orange Juice	16) Turkey Meatballs w/ Marinara Sauce & Spaghetti Dill Carrots White bread Apple	17) Breaded Chicken Bites Roasted sweet Potatoes Zucchini & Squash Wheat bread Peaches Pruce Juice	18) Beef Bourguignon Couscous Sauteed Spinach Dinner Roll Bread Pudding Orange Juice	19) <i>Closed for Juneteenth Holiday</i>  <i>Frozen Meals will be Delivered in Advance</i>
22) Grilled Chicken O'Brien Potatoes Zucchini Blend White Bread Banana Orange Juice	23) Hamburger on Bun Mashed Potatoes Broccoli Fruit Cup Applesauce	24) Baked Fish Quinoa Green Beans Wheat Bread Fruit Cup Apple Juice	25) Oven Baked Chicken Farfel Curried Cauliflower Challah Pears Orange Juice	26) Roast Beef w/ Gravy Roasted Potatoes Grilled Vegetables Wheat Bread Clementine Apple Juice
29) Honey Chicken Brown Rice Dill Carrots White Bread Apple Orange Juice	30) Turkey w/ Gravy Cornbread Zucchini & Squash Dinner Roll Peaches Tomato Juice			

*Client Engagement 410-558-0923 Menu items subject to Change- We Cannot accommodate Most Food Allergies*

June 2025

**KOSHER COLD MEALS**

*Meals on Wheels of Central Maryland*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1) Turkey Salad on WW Bread Red Cabbage Salad Fruit Cocktail Apple Juice</p>	<p>2) Sushi Salad Balsamic Tomato Salad Pears Dinner Roll Cranberry Juice</p>	<p>3) Chicken Pasta Salad 3 Bean Salad Whole Wheat Bread Pineapple Orange Juice</p>	<p>4) Natural Turkey on Marble Rye Israeli Blend Pears Tomato juice</p>	<p>5) Whitefish Salad Pickled Beets Dinner Roll Peaches Prune Juice</p>
<p>8) Natural Turkey on Marble Rye Creamy Cucumber Salad Pineapple Apple Juice</p>	<p>9) Egg Salad on Kaiser Roll Hearts of Palm Salad Pears Cranberry Juice</p>	<p>10) Tuna Salad on WW Bread Raisin Carrot Salad Fruit Cocktail Orange Juice</p>	<p>11) Chicken Pasta Salad Coleslaw Marble Rye Pears Tomato Juice</p>	<p>12) Whitefish salad Garden Salad Dinner Roll Peaches Prune Juice</p>
<p>15) Turkey Salad on WW Bread Red Cabbage Salad Fruit Cocktail Apple Juice</p>	<p>16) Sushi Salad Balsamic Tomato Salad Pears Dinner Roll Cranberry Juice</p>	<p>17) Chicken Pasta Salad 3 Bean Salad Whole Wheat Bread Pineapple Orange Juice</p>	<p>18) Natural Turkey on Marble Rye Israeli Blend Pears Tomato Juice</p>	<p>19) <i>Closed for Juneteenth Holiday</i>  <i>Frozen Meals will be Delivered in Advance</i></p>
<p>22) Natural Turkey on Marble Rye Creamy Cucumber Salad Pineapple Apple Juice</p>	<p>23) Egg Salad on Kaiser Roll Hearts of Palm Salad Pears Cranberry Juice</p>	<p>24) Tuna Salad on WW Bread Raisin Carrot Salad Fruit Cocktail Orange Juice</p>	<p>25) Chicken Pasta Salad Coleslaw Marble Rye Pears Tomato Juice</p>	<p>26) Whitefish salad Garden Salad Dinner Roll Peaches Prune Juice</p>
<p>29) Turkey Salad on WW Bread Red Cabbage Salad Fruit Cocktail Apple Juice</p>	<p>30) Sushi Salad Balsamic Tomato Salad Pears Dinner Roll Cranberry Juice</p>			