


April 2019 KOSHER HOT MEALS Meals on Wheels of Central Maryland

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| 1) Beef Vegetable Soup Baked Salmon Wild Rice Glazed Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice | 2) Bean Soup Baked Chicken Mashed Red Potatoes Summer Squash Fresh Fruit Dinner Roll w/ Margarine Tomato Juice | 3) Chicken Noodle Soup Hot Dog w/ Roll Baked Beans Sauerkraut Fresh Fruit Mustard Prune Juice | 4) Vegetable Soup Stuffed Shells w/ Marinara Green Beans Baked Apples Dinner Roll w/ Margarine Orange Juice | 5) Matzo Ball Soup Baked Honey Chicken Potato Latkes Vegetable Blend Fresh Fruit Potato Bread w/ Margarine Apple Juice |
| 8) Navy Bean Soup Stuffed Cabbage Whipped Potatoes Ginger Snap Peas Fresh Fruit Dinner Roll w/ Margarine Orange Juice | 9) Vegetable Soup Cilantro Chicken Herbed Orzo Broccoli Fresh Fruit Dinner Roll w/ Margarine Prune Juice | 10) Barley Soup Meatloaf w/ Gravy Mashed Potatoes Sautéed Cabbage Fresh Fruit Dinner Roll w/ Margarine Apple Juice | 11) Minestrone Soup Baked Tilapia Seasoned Rice Spinach Fresh Fruit Dinner Roll w/ Margarine Orange Juice | 12) Matzo Ball Soup Honey Baked Chicken Tzimmes Green Beans Fresh Fruit Potato Bread w/ Margarine Prune Juice |
| 15) Potato Chowder Soup Stuffed Shells Hot Apple Slices Peas & Mushrooms Fresh Fruit Breadstick Stick W/ Margarine Orange Juice | 16) Passover Cold Meal Tossed Salad Chicken Salad Red Potato Salad Cole Slaw Matzo Fresh Fruit Apple Juice | 17) Vegetable Soup Baked Chicken Fresh Sweet Potatoes Vegetable Blend Matza Fresh Fruit Cranberry Juice | 18) Vegetable Soup Matzo Lasagna Hot Peach Slices Vegetable Blend Matza Fresh Fruit Orange Juice | 19) Matzo Ball Soup Roast Beef w/ Gravy Red Potatoes Glazed Carrots Matza Fresh Fruit Cranberry Juice |
| 22) Vegetable Soup Sliced Turkey w/ Gravy Garlic Mashed Potatoes Braised Red Cabbage Matza Fresh Fruit Apple Juice | 23) Vegetable Soup Beef Brisket w/ Gravy Baked Potato Sliced Carrots Fresh Fruit Matza Cranberry Juice | 24) Vegetable Soup Salmon w/ Dill Lemon Sauce Mashed Cauliflower Fresh Vegetables Fresh Fruit Matza Orange Juice | 25) Cream of Spinach Soup Vegetarian Shepard Pie Hot Apple Slices Grilled Plantains Fresh Fruit Matza Orange Juice | 26) Meals on Wheels will be Closed for the Passover Holiday You will receive your meals for This day on 4/24/2019 |
| 29) Beef Vegetable Soup Baked Salmon Wild Rice Glazed Carrots Fresh Fruit Potato Bread w/ Margarine Orange Juice | 30) Bean Soup Baked Chicken Mashed Red Potatoes Summer Squash Fresh Fruit Dinner Roll w/ Margarine Tomato Juice | |  | |

April 2019 KOSHER COLD MEALS Meals on Wheels of Central Maryland

OVER →

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| 1) Egg Salad Tossed Salad w/ Dressing Tropical Fruit Salad Whole Grain Bread 1% Milk Apple Juice | 2)) Munster Cheese Creamy Garden Salad Sliced Pears Wheat Bread Mustard 1% Milk Cranberry Juice | 3) Slice Turkey Carrot Raisin Salad Mandarin Oranges Wheat Bread Mayonnaise V-8 Juice | 4) Tuna Salad Tossed Salad w/ Dressing Chilled Pears Marble Rye Bread 1% Milk Cranberry Juice | 5) Whitefish Salad Pickled Beets Three Bean Salad Chilled Pineapples Dinner Roll 1% Milk Prune Juice |
| 8) Egg Salad Garden Salad w/ Dressing Pears Rye Bread 1% Milk Apple Juice | 9) American Cheese Cole Slaw Tropical Fruit Salad Pumpernickel Bread Mustard 1% Milk Cranberry Juice | 10) Sliced Turkey Italian Vegetable Salad White Bean Salad Mandarin Oranges Whole Wheat Bread Mayonnaise V-8 Juice | 11) Tuna Salad Pickled Beets Fruit Cup Whole Multi-Grain Bread 1% Milk Cranberry Juice | 12) Gefilte Fish Carrot Raisin Salad Pasta Salad Sliced Peaches Dinner Roll 1% Milk V-8 Juice |
| 15) Munster Cheese Carrot Raisin Salad Pears Wheat Bread Apple Juice | 16) Passover Cold Meal Gefilte Fish Fresh Vegetable Salad Celery Sticks Matza Canned Fruit Juice | 17) Tuna Salad Red Potato Salad Tossed Salad Matza Canned Fruit Juice | 18) Egg Salad Potato Salad Cole Slaw Matza Canned Fruit Juice | 19) Creamed Herring Potato Salad Pickled Beets Matza Canned Fruit Juice |
| 22) Tuna Salad Potato Salad Tossed Salad Matza Applesauce Juice | 23) Gefilte Fish Red Potato Salad Fresh Vegetable Salad Fruit Cocktail Matza Canned Fruit Juice | 24) Chef's Meat Salad Potato Salad Cole Slaw Matza Canned Fruit Juice | 25) Sliced Cheese Chef Salad Potato Salad Fresh Vegetable Salad Matza Juice | 26) Meals on Wheels will be Closed for the Passover Holiday You will receive your meals for This day on 4/24/2019 |
| 29) Egg Salad Tossed Salad w/ Dressing Tropical Fruit Salad Whole Grain Bread 1% Milk Apple Juice | 30) Munster Cheese Creamy Garden Salad Sliced Pears Wheat Bread Mustard 1% Milk Cranberry Juice | |  | |